

# August 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 <b>EXNING RESERVOIR &amp; DEVILS DYKE</b> (Newmarket Rowley Mile)	4	5 <b>5K (club league) at KEDINGTON</b> race starts 7.30pm. Meet Newmarket Leisure Centre to leave 6.15. Drinks after in <b>The Red Lion</b> Great Wrattling (B1061 Thurlow Road)	6 Wibbly Wobbly Log Jog, Thetford Forest	7
8	9	10 <b>BROAD GREEN RUN</b> (new route) Meet Leisure Centre at 6.15 or Broad Green at 6.30 pm 2 distances of 5miles and 9 miles	11	12 <b>Committee Meeting</b> <b>BOYS GRAVE &amp; BURY SIDE OF HEATH</b> (additional option of adding on loop around Heath at Boys Grave)	13	14
15	16	17 <b>THREE CHURCHES</b> meet Leisure Centre 6.15 or Moulton 6.30 Drinks in Kings Head (Moulton) after – everyone welcome.	18	19 <b>LINKS GOLF COURSE &amp; DEVILS DYKE</b>	20	21
22	23	24 <b>NEWMARKET 5K ROUTE</b> (Rowley Mile Racecourse)	25	26 <b>DUCHESS DRIVE, CHEVELEY &amp; CENTRE DRIVE</b>	27	28 Eversden 5mile, Cambridge
29 Ipswich Half Marathon	30	31 <b>EXNING &amp; LANDWADES</b>				

### July

S	M	T	W	T	F	S
				1	2	3
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Notes:

### September

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

# September 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 <b>NEWMARKET 5K.</b> RUNNERS & MARSHALS REQUIRED. Starts 7pm. League presentation and drinks after in the Exning Road Club.	3	4
5 Framlingham 10k	6	7 <b>STETCHWORTH</b> (run 10k course) Meet at Ellesmere Centre 6.30pm (changing facilities and showers will be available) or Newmarket Leisure centre at 6.15. Drinks afterwards at Stetchworth Marquis of Granby pub – all welcome	8	9 <b>Committee Meeting</b>  <b>HAMILTON HILL &amp; ROWLEY MILE</b>	10	11
12 Grunty Fen Half Marathon & Great Cambridgeshire Run (various distances)	13	14 <b>THREE CHURCHES</b> meet Leisure Centre 6.15 or Moulton 6.30 Drinks in Kings Head (Moulton) after – everyone welcome	15	16 <b>BURY ROAD, GOLDEN GATES, SNAILWELL ROAD</b>	17	18
19	20	21 <b>SIDE HILL &amp; BOYS GRAVE</b>	22	23 <b>5K HANDICAP NIGHT.</b> Run 5k course which will be timed	24	25
26 SAFFRON WALDEN 10K	27	28 <b>HEATH RUN &amp; ADD ON LOOPS.</b> Heath Run to be done as group	29	30 <b>RESERVOIR &amp; DEVILS DYKE</b> (Newmarket Rowley Mile)		

August						
S	M	T	W	T	F	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**Please note: CLUB AGM THURSDAY  
21<sup>ST</sup> OCTOBER 2010 @ 7.30pm, New  
Astley Club**

October						
S	M	T	W	T	F	S
					1	2
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						