

SMILERS HILL EFFORTS

Turn left out of the Leisure Centre the take the first left onto St Philips road that leads onto Elizabeth road. At the bottom of the road turn left to the 1st meet point on the corner of Rowley Drive. Continue down Rowley Drive then opposite the market take the horse walk path to the 2nd meet point at the bottom of Smilers Hill. The effort session will be discussed from here.

- MEETING POINTS
- BEGINNER / SLOWER ROUTE
- INTERMEDIATE ROUTE
- ADVANCED ROUTE

